

Once you have finished your fundraising we will send you a thank you certificate. **Raise £300** or more we will send a Bliss wristband, my first Bliss bear and Bliss candle tin.

Super fundraiser glass trophy. **Raise £1000** or more to receive this year's Bliss

Our work for tiny and poorly babies from generous supporters like you. is only possible thanks to donations

A little thank you from Bliss

Top tip! If you are nearing your target, increase it to encourage people to keep donating to your page.

All money raised via JustGiving comes to Bliss automatically.

Share your story on your page and keep it updated.

Share your page on social media to reach more potential sponsors.

Join or create a team of Bliss Little Lights Walk fundraisers.

Once you have set up your page you can:

Bliss Little Lights on JustGiving.

As well as using this paper form, setting up a JustGiving page is a great way to increase your fundraising. Just search **Setting up a JustGiving page**

We do this by working hand in hand with health professionals, providing training to improve care in units and funding neonatal research. We also provide information for families and have a dedicated network of volunteers providing practical and emotional support during what can be an incredibly stressful time.

Bliss is there for all of these babies. We exist to ensure they have the best chance of survival and quality of life.

For these babies, the first few hours, days and weeks are the most critical of their journey they face is difficult and full of challenges. For a few days or months, or sadly does not survive to come home, that they will ever face. For their families, whether their baby is in hospital or a neonatal unit, funding their care is in hospital

Every year, over 90,000 babies are born premature or sick in the UK and in need of specialist hospital care.

Why Bliss needs you

Bliss Little Lights Walks are lantern-lit sponsored walks. Whether you are walking alone or with friends and family, you'll light up the night whilst raising vital funds for premature and sick babies. We hope you will bring out your lanterns, fairy lights and candles and shine brightly!

What is a Bliss Little Lights Walk?

Bliss Little Lights Walk

**Light up the night
for premature and sick babies**



After your walk

We can't thank you enough for taking part in a Bliss Little Lights Walk and raising money for Bliss. This will help us to support the 90,000 babies born needing neonatal care every year.

Paying in your fundraising

If you have set up a **JustGiving** page for Bliss then the money you raise online will come to us automatically.

Please e-mail events@bliss.org.uk when all the donations are on your page.

You can also pay in your fundraising in two other ways:

- Online:** visit bliss.org.uk/donate to pay by credit/debit card or Paypal.
- By post:** cheques should be made payable to Bliss and returned to us with your sponsorship form to the address below.

Please tick which method you will use and remember to return your sponsorship form to Bliss. You can do this by email.

Once your fundraising has been paid in, we will send you a thank you certificate and any thank you gifts you are eligible for.

Contact us

020 7378 1122

events@bliss.org.uk

bliss.org.uk/littlelights

Bliss, Fourth Floor, Maya House,
134-138 Borough High Street, London, SE1 1LB



Sponsorship form

Your name

Your address

.....

.....

Your email

Location of walk

We will only use this information to ensure the sponsorship below is added to the total raised from your walk. For further information on our supporter promise please visit bliss.org.uk/our-supporter-promise



"Our nephew, Jacob, was born 17 weeks early, and when we held our Bliss Little Lights Walk he was only seven weeks old and still in intensive care. Organising the walk raised valuable money which helped us to thank Bliss for the continuous support they gave Jacob's mummy and daddy. But perhaps just as importantly, it gave us a focus, and at a time when we were feeling desperately helpless it brought our family and friends together in a very positive way."

Nadia, Bliss Little Lights Walk organiser, Hull

Donate to help premature and sick babies have the best chance of survival and quality of life.

Dear Sponsor,

I am taking part in a Bliss Little Lights Walk to help the 100,000 babies born premature or sick and in need of neonatal care every year. The money will go to Bliss, the leading UK charity for babies born premature or sick. Bliss supports families, funds life-changing research and improves care for the UK's most vulnerable babies. Please give generously. **Thank you!**

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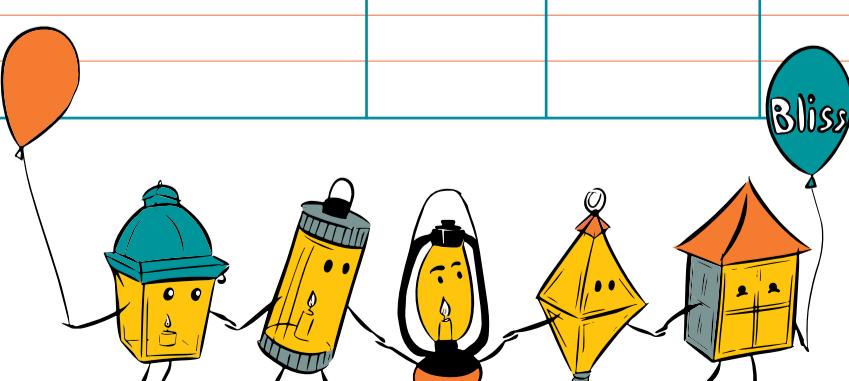


Tick the box so that Bliss can claim an extra 25p on every £1 you donate.

I am a UK taxpayer. I have read this statement and I want Bliss to reclaim tax on my donation. I understand that Bliss will reclaim 25p of tax on every £1 I have given. And I understand that if I pay less Income Tax or Capital Gains tax in the current tax year than the amount of Gift Aid claimed on all of my donations, it is my responsibility to pay any difference.



Please don't forget to add your postcode as we can't claim Gift Aid without it. (We will only use this information to claim Gift Aid. We will not contact you about anything else.)



Please ensure all money raised is returned to Bliss (see the back page for details)