



TRACK YOUR PROGRESS!

Use this calendar to track your total miles and total raised, so that you can hit your goal. Then, share it with your family & friends after!



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	Weekly Total Miles	Weekly Fundraising Total
	1 Day one!	2	3	4	5	6		
7	8	9	10	11	12	13		
14	15 Halfway there!	16	17	18	19	20		
21	22	23	24	25	26	27		
28	29	30 You did it!	Remember to share your progress on socials!					
Bliss bliss.org.uk							Total Miles	Total Raised



bliss.org.uk

Registered charity no. 1002973
Scottish registered charity SC040878



60 Miles in September

Our September challenge
Walk, run, jog or roll to get your miles in.
Tick off your miles as you go ✓



You can
continue your
support for
premature and
sick babies



Keep going!



£50 could help support
vital neonatal research

You're doing great!



Almost there...

You did it!



Bliss
for babies born
premature or sick

bliss.org.uk



Registered with
FUNDRAISING
REGULATOR

Thank you for supporting
the **1in7 babies** admitted need
neonatal units across the UK

